

# 2011 Ridge Rider Athletic Club's Running & Walking Series

Please refer to [www.ridgerider.org](http://www.ridgerider.org) for additional information or updates on each race in the 2011 RRAC Running & Walking Series. Email [rrac@suddelink.net](mailto:rrac@suddelink.net) for questions or comments. Each person that participates in 10 of the 12 events will receive prizes during the Awards Banquet on December 13.

**Saturday February 26 – 9:00 am – St Bernards Medical Center's Healthy Heart 2 Mile Run & Walk.**

Contact Jim Stearns @ 870.972.4564 or [jstearns@sbrmc.org](mailto:jstearns@sbrmc.org)  
Starts at the SBMC Auditorium located at 505 E Washington, Jonesboro AR.

**Saturday March 12 – 8:00 am – FOA Family 5K Run & Walk.**

Contact Wendy Stotts @ 870.935.2726 or [wendy@foajonesboro.org](mailto:wendy@foajonesboro.org)  
Starts at The Forum on West Monroe, Jonesboro AR.

**Saturday April 16 – 7:00 am – Doc Rock & Run Half Marathon & 5K Run & Walk.**

Contact Jim Stearns @ 870.972.4564 or [jstearns@sbrmc.org](mailto:jstearns@sbrmc.org)  
Starts at the Arkansas State University Convocation Center, Jonesboro AR.

**Saturday April 23 – 8:00 am – Crowley's Ridge Academy Falcon 5k Run & Walk.**

Contact Farron Toler @ 870.215.2376 or [ftoler@paragould.com](mailto:ftoler@paragould.com)  
Starts at Crowley Ridge Academy School, Paragould AR.

**Saturday May 14 – 8:00 am – American Cancer Society 5K for Life Run & Walk.**

Contact Wendy Cox @ 870.275.0135 or [whitneycox34@yahoo.com](mailto:whitneycox34@yahoo.com)  
Starts at Craighead Forest Park Pavilion #2, Jonesboro AR.

**Saturday May 21 – 8:00 am – The Loose Caboose Festival 5k Run & Walk.**

Contact Chris Cone @ 870.215.2618 or [ccone@wellscoinc.com](mailto:ccone@wellscoinc.com)  
Starts at the intersection on Pruitt and Court St. Downtown Paragould AR.

**Saturday June 4 – 8:00 am – The Gary Schuchardt Memorial 5K Trail Run & Walk.**

Contact Nanette Heard @ 870.935.3658 or [nanette.heard@unitedway.org](mailto:nanette.heard@unitedway.org)  
Starts at Craighead Forest Park Pavilion #2, Jonesboro AR.

**Monday July 4 – 8:00 am – 5K Freedom Run & Walk.**

Contact Wixson Huffstetler @ 870.351.6526 or [whuffstetler@jonesboro.org](mailto:whuffstetler@jonesboro.org)  
Starts at Access 6 Craighead Forest Park, Jonesboro AR.

**Saturday September 10 – 8:00 am – ASU Student Physical Therapy's Fit for Life 5K Run & Walk.**

Contact Roy Aldridge @ 870.972.3591 or [raldridge@astate.edu](mailto:raldridge@astate.edu)  
Starts at the Arkansas State University Nursing Building, Jonesboro AR.

**Saturday September 17 – 8:00 am – City Youth Ministries Downtown J-Town 5K Run & Walk.**

Contact Bill Rice @ 870.761.7053 or [ricey32@yahoo.com](mailto:ricey32@yahoo.com)  
Starts at City Youth Ministries 118 Burke Ave, Jonesboro AR.

**Saturday October 1 – 7:00 am – Heart & Sole Half Marathon & 5K Run & Walk**

Contact Paula Panneck @ 870.882.9403 or [ppanneck@yahoo.com](mailto:ppanneck@yahoo.com)  
Starts at Cardiology Associates of Northeast Arkansas, 201 E. Oak, Jonesboro AR.

**Saturday November 12 – 9:00 am – Run Crazy for C.A.S.A. 5K & 10K Run & Walk.**

Contact Carla Borden @ 870-930.6518 or [casaexdir@yahoo.com](mailto:casaexdir@yahoo.com)  
Start TBA.

**Tuesday December 14 - RRAC Running & Walking Series Awards Banquet.**

Contact Jim Stearns @ (870) 931-0578 or [jimstearns@suddenlink.net](mailto:jimstearns@suddenlink.net)  
Banquet will be at the SBMC Auditorium located at 505 E Washington, Jonesboro AR.