

2010 Ridge Rider Athletic Club's Running & Walking Series

Please refer to www.ridgerider.org for additional information or updates on each race in the 2010 RRAC Running & Walking Series. Email rrac@suddelink.net for questions or comments. Each person that participates in 10 of the 11 events will receive prizes during the Awards Banquet in December.

Saturday February 27 - St Bernards Medical Center's Healthy Heart 2 Mile Run & Walk.

Contact Jim Stearns @ 870.972.4564 or jstearns@sbrmc.org
Starts at the SBMC Auditorium located at 505 E Washington, Jonesboro AR.

Saturday April 10 - Associated Radiologists & HMG Expo 5K Run & Walk.

Contact Jim Stearns @ 870.972.4564 or jstearns@sbrmc.org
Starts at the Arkansas State University Convocation Center, Jonesboro AR.

Saturday April 24 – Crowley's Ridge Academy Falcon 5k Run & Walk.

Contact Farron Toler @ 870.215.2376 or ftoler@paragould.com
Starts at Crowley Ridge Academy School, Paragould AR.

Saturday May 15 - The Loose Caboose Festival 5k Run & Walk.

Contact Chris Cone @ 870.236.1080 or ccone@wellscoinc.com
Starts at the old Horner Motors car dealership on North Pruett Street Downtown Paragould AR.

Saturday July 3 - Freedom 5K Run & Walk.

Contact Jarrod Stroud @ 870.933.4604 or jstroud@jonesboro.org
Starts at Access 6 Craighead Forest Park located off of S. Culberhouse in Jonesboro AR.

Saturday August 7 - RRAC Hot Summer Nights 4 Mile Run & Walk.

Contact Jim Stearns @ 870.931.0578 or jimstearns@suddenlink.net
Starts at the Trim Gym 1916 Race Street Jonesboro AR

Saturday August 21 – Road to Renewal 5K Run & Walk

Contact Curtis Hitt @ 870.236.4488 or cwhitt@paragould.net
Starts at the Paragould community center on highway 49 north.

Saturday September 18 – City Youth Ministries Downtown J-Town 5K Run & Walk.

Contact Bill Rice @ 870.761.7053 or ricey32@yahoo.com
Starts at City Youth Ministries 118 Burke Ave, Jonesboro AR.

Saturday September 25 – Heart & Sole 5K Run & Walk & Corporate Walk & Half Marathon

Contact Tracy Stearns @ 870.972.4147 or tstearns@sbrmc.org
Starts at Cardiology Associates of Northeast Arkansas, 201 E. Oak, Jonesboro AR.

Saturday October 30 – ASU Student Physical Therapy's Howl at the Moon 5K Run & Walk.

Contact Roy Aldridge @ 870.972.3591 or raldridge@astate.edu
Starts at the Arkansas State University Nursing Building, Jonesboro AR.

Saturday November 13 - Lambda Chi Alpha Run Crazy for C.A.S.A. 5K & 10K Run & Walk.

Contact Jake Hampton @ 870-814-5534 or jake_hampton2001@hotmail.com
Starts at Craighead Forest Park Beach Area.

Tuesday December 14 - RRAC Running & Walking Series Awards Banquet.

Contact Jim Stearns @ (870) 931-0578 or jimstearns@suddenlink.net
Banquet will be at the SBMC Auditorium located at 505 E Washington, Jonesboro AR.