

# 2009 RIDGE RIDER ATHLETIC CLUB'S RUNNING & WALKING SERIES

**Event One: Saturday February 28 - 9:00 AM - St Bernards Medical Center's Healthy Heart 2 Mile Run & Walk.**

Contact Jim Stearns @ (870) 972-4564 or [jstearns@sbrmc.org](mailto:jstearns@sbrmc.org)  
Start at the SBMC Auditorium located at 505 E Washington, Jonesboro AR.

**Event Two: Saturday March 14 - 9:00 AM ASU Colleges against Cancer 5K Run & Walk**

Contact Chris Enger @ 972-3974 or [cenger@astate.edu](mailto:cenger@astate.edu)  
Start at the Arkansas State University Student Union, Jonesboro, AR.

**Event Three: Saturday April 18 - 9:00 AM – Associated Radiologists & HMG Family Fit 5K Run & Walk.**

Contact Jim Stearns @ (870) 972-4564 or [jstearns@sbrmc.org](mailto:jstearns@sbrmc.org)  
Start at the Arkansas State University Convocation Center, Jonesboro AR.

**Event Four: Saturday May 16 - 8:00 AM The Loose Caboose Festival 5k Run & Walk.**

Contact Chris Cone @ (870) 236-1080 or [ccone@wellscoinc.com](mailto:ccone@wellscoinc.com)  
Start at the old Horner Motors car dealership on North Pruett Street Downtown Paragould AR.

**Event Five: Saturday June 13 - 8:00 AM Gary Schuchardt Memorial 5k Trial Run & Walk.**

Contact Kelly Furr @ (870) 931.3744 or [furrk@suddenlink.net](mailto:furrk@suddenlink.net)  
Start at Access 6 Craighead Forest Park located off of S. Culberhouse in Jonesboro AR.

**Event Six: Saturday July 4 - 8:00 AM Freedom 5K Run & Walk.**

Contact Jeff Owens @ (870) 933-4604 or [jowens@jonesboro.org](mailto:jowens@jonesboro.org)  
Start at Access 6 Craighead Forest Park located off of S. Culberhouse in Jonesboro AR.

**Event Seven: Saturday August 8 - 6:00 PM - RRAC Hot Summer Nights 4 Mile Run & Walk.**

Contact Jim Stearns @ (870) 931-0578 or [jimstearns@suddenlink.net](mailto:jimstearns@suddenlink.net)  
Start at the Trim Gym 1916 Race Street Jonesboro AR

**Event Eight: Saturday August 22 – 8:00 AM Road to Renewal 5K Run & Walk**

Contact Curtis Hitt @ (870) 236-4488 or [cwhitt@paragoulld.net](mailto:cwhitt@paragoulld.net)  
Starts at the Paragould community center on highway 49 North.

**Event: Nine Saturday September 26 – Start time TBA Heart & Sole 5K Run & Walk & Corporate Walk**

Contact Tracy Stearns @ (870) 931-0578 or [tstearns@sbrmc.org](mailto:tstearns@sbrmc.org)  
Starts at Cardiology Associates of Northeast Arkansas, 201 E. Oak, Jonesboro AR.

**Event Ten: Saturday October 3 - 9:00 AM Race for the Wish 5K Run & Walk.**

Contact Jenny Beth McKelroy @ (870) 219-2736 or [mckelroy1@hotmail.com](mailto:mckelroy1@hotmail.com)  
Start at the Arkansas State University Convocation Center, Jonesboro AR.

**Event Eleven: Saturday October 31 – Start time TBA ASU Student Physical Therapy Howl at the Moon 5K Run & Walk.**

Contact Roy Aldridge @ (870) 972-3591 or [raldridge@astate.edu](mailto:raldridge@astate.edu)  
Start at the Arkansas State University Nursing Building, Jonesboro AR.

**Event Twelve: Saturday November 14 - 9:00 AM Lambda Chi Alpha Run Crazy for C.A.S.A. 5K & 10K Run & Walk.**

Contact Jake Hampton @ 870-814-5534 or [jake\\_hampton2001@hotmail.com](mailto:jake_hampton2001@hotmail.com)  
Start at Craighead Forest Park Beach Area.