

The Heart and Sole 5K

Race Date: 10/28/2006

Male

Age Group Results

Top 5 Overall Male Runners

1	Arthur Waddle	17:15.5	Pace: 00.05.31
2	Joseph Pearce	17:47.5	Pace: 00.05.41
3	Drew Smith	18:17.5	Pace: 00.05.51
4	Steve Lovell	18:30.7	Pace: 00.05.55
5	Curtiss Acre	18:58.5	Pace: 00.06.04

Age Division Results

Male 9 and under

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Blake Brecklein	7	00:28:25.984	00.09.05
2 Gavin Stone	8	00:29:22.015	00.09.23
3 Jace Webb	8	00:35:22.765	00.11.19

Male 10 - 14

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Cole Pearson	14	00:23:01.468	00.07.21
2 Jason Morgan	14	00:23:08.218	00.07.24
3 Morgan Smith	13	00:25:51.171	00.08.16
4 Gunnar Lathan	10	00:26:51.015	00.08.35
5 Jeremiah Nortier	14	00:27:10.984	00.08.41
6 Zane Wright	11	00:27:12.796	00.08.42
7 Aaron Price	12	00:27:34.703	00.08.49
8 Brendan Brecklein	10	00:28:13.546	00.09.01
9 Justin Mille	14	00:29:49.734	00.09.32
10 Tanner Williams	13	00:30:11.375	00.09.39
11 Russell Burton	13	00:31:59.765	00.10.14
12 Caleb Moss	11	00:39:58.953	00.12.47
13 Cameron Moss	13	00:40:04.203	00.12.49
14 Mitch Edwards	11	00:40:49.671	00.13.03

Male 15 - 19

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 David James	15	00:20:51.562	00.06.40
2 Adam Belew	15	00:21:10.562	00.06.46
3 Brandon Webb	18	00:21:23.156	00.06.50
4 Todd Sanders	17	00:22:23.734	00.07.09
5 Joshua Burgess	15	00:22:36.796	00.07.13
6 Ross Byest	17	00:23:00.468	00.07.21
7 Travis Ballard	15	00:23:58.875	00.07.40
8 Kevin Munoz	15	00:24:58.640	00.07.59
9 Brett Gschwend	17	00:25:50.734	00.08.16
10 Jon Stevens	15	00:26:21.484	00.08.25
11 Colton Seales	17	00:35:08.953	00.11.14

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Male 20 - 24

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Phil Davison	23	00:20:24.796	00.06.31
2 Jeremy Heath	20	00:21:47.203	00.06.58
3 Brandon Bass	24	00:31:34.000	00.10.06

Male 25 - 29

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Ryan Burton	27	00:21:19.468	00.06.49
2 Tom Gleissner	26	00:26:50.953	00.08.35
3 Javier Martinez	28	00:27:32.046	00.08.48
4 Cody Simmons	26	00:28:17.640	00.09.03
5 Jon Barr	26	00:32:51.703	00.10.30

Male 30 - 34

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Walter Hays	32	00:20:04.687	00.06.25
2 Jason Webb	30	00:20:51.093	00.06.40
3 Josh Power	31	00:22:40.984	00.07.15
4 Brandon Smith	32	00:23:21.906	00.07.28
5 Andy Shatley	30	00:25:32.671	00.08.10
6 Jamie Seaborn	32	00:27:26.796	00.08.46
7 Brian Blaylock	32	00:28:13.984	00.09.01
8 Kevin Box	30	00:32:35.421	00.10.25

Male 35 - 39

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Jeff Owens	35	00:21:29.531	00.06.52
2 Shon Riley	35	00:24:15.156	00.07.45
3 Chad Woodard	39	00:27:59.296	00.08.57
4 Michael Mangrum	35	00:53:20.656	00.17.04

Male 40 - 44

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Farron Toler	43	00:19:59.187	00.06.23
2 Gary Cothren	42	00:20:27.171	00.06.32
3 Chris Cone	40	00:20:45.937	00.06.38
4 Kenny Graves	43	00:21:52.328	00.06.59
5 Gary McBride	42	00:22:40.390	00.07.15
6 Mitch Wright	41	00:23:35.375	00.07.32
7 Paul Ford	44	00:30:24.218	00.09.43

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Race Date: 10/28/2006

Male 45 - 49

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Guy Patterson 3Rd	46	00:20:25.953	00.06.32
2 Sam Denton	49	00:22:01.078	00.07.02
3 Ben Owens Jr	48	00:22:53.656	00.07.19
4 Barry Callahan	45	00:27:46.546	00.08.53
5 Ken Gunnufsen	46	00:28:23.140	00.09.04
6 Joe Barrett	45	00:38:45.234	00.12.24

Male 50 - 54

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Larry Yancey	54	00:19:02.625	00.06.05
2 Reza Youseti	53	00:23:00.937	00.07.21
3 Steven Giles	52	00:24:52.796	00.07.57
4 Stan Arnold	54	00:25:04.984	00.08.01
5 Mike Jennings	53	00:25:30.171	00.08.09

Male 55 - 59

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Mike Hanks	55	00:21:18.937	00.06.48
2 Jim Gann	56	00:23:31.656	00.07.31
3 Carl Imler	56	00:24:43.359	00.07.54

60 - 64

Male 60 - 64

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 John Elliott	61	00:22:26.265	00.07.10
2 Zeb Carnes	60	00:25:04.234	00.08.01
3 Michael Dowson	62	00:29:44.859	00.09.30
4 Jimmy Selvidge	61	00:36:33.984	00.11.41
5 Ernest Rice	62	00:37:31.687	00.12.00

Male 65 - and over

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Bill Owen	68	00:41:22.203	00.13.14
2 Donald Hayes	75	00:50:32.375	00.16.10

Race Results provided by Agee Race Timing Version 2006

2006 NEA Running & Walking Series Sponsored By: Dr. Walter Hayes

The Heart and Sole 5K

Race Date: 10/28/2006

Female Age Group Results

Top 5 Overall Male Runners

1	Blair Dean	20:07.9	Pace: 00.06.26
2	Abby Wise	20:30.2	Pace: 00.06.33
3	Linda Farris	20:34.6	Pace: 00.06.34
4	Shanda Rogers	22:00.5	Pace: 00.07.02
5	Mandy Jones	23:33.6	Pace: 00.07.32

Age Division Results Female 10 - 14

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Staci Ho	14	00:25:14.203	00.08.04
2 Brittany Jackson	14	00:26:33.765	00.08.29
3 Kristin Bratcher	12	00:27:14.515	00.08.42
4 Larissa Cope	14	00:27:25.484	00.08.46
5 Audra Bates	14	00:30:53.375	00.09.52
6 Hannah Shackelford	13	00:35:06.890	00.11.13
7 Lee Woodard	13	00:35:09.609	00.11.14

Female 15 - 19

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Tiffany Delany	15	00:27:25.796	00.08.46
2 Brittany Bloodworth	18	00:30:06.234	00.09.37
3 Rebecca Shackelford	15	00:31:20.656	00.10.01
4 Kristi Wilcox	19	00:35:10.453	00.11.15
5 Whitney Carter	15	00:35:11.109	00.11.15

Female 20 - 24

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Marissa Sadler	24	00:27:24.890	00.08.46
2 Jennifer Smith	23	00:35:16.765	00.11.17
3 Samantha Spillman	23	00:36:06.265	00.11.33
4 Sara Westbrook	24	00:41:23.500	00.13.14
5 Rebecca Miller	24	00:58:31.531	00.18.43

The Heart and Sole 5K

Race Date: 10/28/2006

Female 25 - 29

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Brooks Parker	27	00:24:34.875	00.07.51
2 Grace Freeman	25	00:25:17.359	00.08.05
3 Heather Bastel	29	00:25:19.921	00.08.06
4 Hannah Evans	27	00:25:37.734	00.08.11
5 Heidi Rigsbee	25	00:25:59.546	00.08.18
6 Jennifer Webb	26	00:27:41.546	00.08.51
7 Leonette Cox	26	00:28:28.078	00.09.06
8 Heather Sadler	29	00:36:25.734	00.11.39
9 Melanie Estes	27	00:41:00.015	00.13.07
10 Nicola Gregory	27	00:53:20.906	00.17.04

Female 30 - 34

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Millie Leach	33	00:24:24.187	00.07.48
2 Bobbi Fowler	34	00:29:54.765	00.09.34
3 Tammy Crossfield	32	00:30:17.062	00.09.41
4 Lorrie Beason	32	00:38:13.484	00.12.13

Female 35 - 39

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Karen Martin	35	00:23:48.890	00.07.36
2 Angie Sterns	35	00:24:15.531	00.07.45
3 Shelle Morgan	35	00:25:36.109	00.08.11
4 Carol Earles	37	00:25:37.953	00.08.11
5 Kim Webb	37	00:27:18.140	00.08.44
6 Hiromi Kubo	36	00:27:29.703	00.08.47
7 Lisa Barber	36	00:27:33.046	00.08.48
8 Julie Johnson	38	00:29:24.859	00.09.24
9 Aven Dunlap	39	00:30:12.843	00.09.39
10 Karla Nortier	38	00:32:04.468	00.10.15
11 Lara Hurst	39	00:34:30.015	00.11.02
12 Christy Brecklein	36	00:36:10.828	00.11.34

Female 40 - 44

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Lisa Owens	41	00:27:07.015	00.08.40
2 Faith Bowdon	42	00:28:03.703	00.08.58
3 Tammy Hayes	40	00:28:43.953	00.09.11
4 Lori Clemets	40	00:29:48.390	00.09.32
5 Diana Wright	41	00:30:23.093	00.09.43
6 Becky Smith	44	00:31:31.718	00.10.05
7 Kim Graves	43	00:32:53.953	00.10.31
8 Wilma Rice	44	00:44:19.078	00.14.10

The Heart and Sole 5K

Race Date: 10/28/2006

Female 45 - 49

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Lisa Thomas	49	00:24:19.500	00.07.46
2 Miria Gentry	48	00:27:55.984	00.08.56
3 Marlene Brengard	49	00:34:22.109	00.10.59
4 Linda Owen	49	00:41:21.296	00.13.13
5 Stacey Edwards	46	00:50:13.500	00.16.04

Female 50 - 54

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Lisa Johnson	50	00:28:55.859	00.09.15
2 Bonnie Smith	53	00:30:24.437	00.09.43
3 Cathe Carnes	54	00:44:10.062	00.14.08
4 Deb Roberts	52	00:50:10.093	00.16.03
5 Pam Hyneman	52	00:50:18.281	00.16.05

Female 55 - 59

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Lise Cater	56	00:38:09.953	00.12.12
2 Cari King	55	00:39:12.140	00.12.32
3 Brenda Lakey	56	00:41:24.250	00.13.14

Female 60 - 64

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Lana Earle	64	00:43:02.687	00.13.46
2 Ellen Graves	64	00:44:19.328	00.14.10

Female 65 and over

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Gloria Gray	65	00:53:30.093	00.17.07