



## Merry Christmas

RRAC Christmas Party

Tuesday, December 16th at 6:30 PM.

At the home of Ted and Amanda Herget

230 S. Main Street, Jonesboro.

We are doing potluck, so bring your favorite dish to share with friends. If you would like adult beverages you are welcome to bring those as well.

## St. Jude Marathon and Half with 5K

There were several RRAC members who participated in the St. Jude Marathon, half marathon and 5K. I had planned on listing everyone but once I began reviewing the results there were so many members I was afraid I would miss someone.

Congratulations to all who qualified for Boston!

## 2008 Running and Walking Series

Planning has begun for the 2009 series. There will be a meeting at the YMCA this Thursday, December 11th at 6:30 PM for race directors and any members that would like to attend. There will be a second meeting on Tuesday, January 8th at 7:00 PM. If you know of anyone remotely interested in having a race in the upcoming year, encourage them to attend one of the meetings.



## Ridge Rider Athletic Club

PO Box 2432  
State University, AR 72467

E-mail: [rrac@suddenlink.net](mailto:rrac@suddenlink.net)

The mission of RRAC is to promote health,  
fitness, and competition in Northeast Arkansas.

## Help Wanted

**We are in the need of leaders or committee members  
for the following:**

- 2008 Christmas Party—Amanda Herget, please let Amanda know if you'd like to help.
- Share the Road—Troy Ratliff, Chair, please let us know if you're interested in helping.
- 2009 Ride the Ridge.
- July Family Picnic at Craighead Forest.



## 2009 RRAC Officers

**President—Jon Wilbanks, [jswilbanks@gmail.com](mailto:jswilbanks@gmail.com)**

**Vice President—Lisa Carlton, [lcarter44@live.com](mailto:lcarter44@live.com)**

**Treasurer—Jim Stearns, [rrac@suddenlink.net](mailto:rrac@suddenlink.net)**

**Newsletter editor—Lena Manning, [mlmslp@hotmail.com](mailto:mlmslp@hotmail.com)**

**Membership—Guy Patteson, [guypat@swbell.net](mailto:guypat@swbell.net)**

**Promotions— Tracy Stearns, [tmstearns@suddenlink.net](mailto:tmstearns@suddenlink.net)**

I would like to encourage everyone to submit information for future newsletters. Race dates, events, anything is welcome.

If there is a topic you would like to know more about, email [rrac@suddenlink.net](mailto:rrac@suddenlink.net), we'll do some research and either publish information in the newsletter or have someone speak at a club meeting.

Write articles about events you've attended or participated in. Even training schedules that you wouldn't mind others joining in on. They don't have to be long or nobel prize eligible. Lena will clean them up and get them into the newsletter.

Thanks,  
Tracy