



July 2007

The mission of RRAC is to promote fitness, health and competition in Northeast Arkansas.

www.ridgerider.org

Next RRAC Meeting

- July 10th
- 6 PM
- Craighead Forest
- 2.5 fun-run
- Cookout
- Bring your own beverages
- Bring a smile

July Meeting

July 10th is our next RRAC meeting, and you will not want to miss it! At Craighead Forest we plan to have a 2.5 mile fun-run, and a club cookout after. We will provide the chips and burgers, but you will need to bring your own beverages. The fun-run will begin at 6 PM.

This will be a great opportunity to meet and fellowship with other club members. Please make plans to attend.

If you have any

questions, please e-mail Jim Stearns at jstearns@sbrmc.org.



Good News!



March 30th was the wedding date for RRAC's Jimmy Norton & Jennifer Smith. Best wishes guys!

New Members:

Holly Acebo
Doris Clark
Tammy & David Freeze
Joe Hafner
Michael Miles
Megan Shaughnessy
Bob & Abby Wise



**FOR
SALE**

**600 riders
participated in
the annual
Tour de Corn.**



5K

For Sale

Performance bike carrier (holds two) for sale. Almost new condition, and the seller will accept \$50 or best offer. Please contact Jim Stearns for more details.

Tour de Corn by: Kevin Diamond

A little over a dozen Northeast Arkansas riders traveled to West Plains, Mo on Saturday, June 23rd for the Tour de Corn ride. Riders traveled a little over 60 miles on the very flat but warm course. Rest stops were excellent with plenty of home made cookies and various corn products. The favorite rest stop was at 55 miles where a community center was opened for the riders and hot sweet corn was served.

About 600 riders from many neighboring states participated in this annual event. Novice riders and children rode a shorter course. The organization of the event and the volunteers were great. The Juvenile Diabetes Research Foundation benefited from a

charity donation from the ride. Hopefully next year will show greater numbers from the RRAC riders!

Jim Stearns
Tracy Grimes
Kevin Diamond
Fred Hargett
Brady Allmon
Mike Hanks
Gene McDaniel
Lisa Thomas
Jim Gann
Jolene Wolfe
Buzz Fenner
Mac & Dylan Mcalister
Denton Kernodle
Jacques Kregting
Gary Cothorn
Lane Howerton
David Freeze
Farron Toler



Sensational Kids 5K Run/Walk

Join the Sensational Kids Pediatric Therapy Program for their 5K run/walk benefiting Kick Ball for Kids with special needs and the Autism Support Group. This is the eleventh running & Walking event of the 17 in the 2007 Northeast Arkansas Running/Walking series. It will be a ChampionChip timed event.

The event will begin at 8 AM. Registration is 7:00 - 7:45 AM, Saturday, July 28th, 2007. Cost is \$15 per person before July 20th and \$20 per person, thereafter.

The event will start and end at the Sensational Kids Pediatric Therapy Program. The course will be marked and supervised by volunteers. Parking available at Turtle

Creek Mall. Drinks and snacks will be provided after the race.

There will be a kids fun run for kids under 10 years old immediately following the 5K. For additional information please contact Brooke Craine at bccraine@sbcglobal.net.

Ridge Rider Athletic Club

Our mission is to promote health, fitness, and competition throughout Northeast Arkansas.

Newsletter: Aimee Spencer

For race results, registration forms, membership applications, and more please visit our website at www.ridgerider.org.

President:	Amanda Herget
Vice-President:	Bobbi Fowler
Secretary/Marketing:	Selena Barber
Treasurer:	Jim Stearns

www.ridgerider.org

Happy Birthday!



Happy Birthday to RRAC's **Bobbi Fowler & Selena Barber.**

If you have good news, an item for sale, or a birthday please send your information via e-mail to spenceraimee@yahoo.com.

