



Tour de Forest MTB Race

Sunday, September 7th, 2008

9:00 am



For more information: Amanda Herget at (870) 926-1450
www.gearheadoutfitters.com or www.ridgerider.org
Online registration at www.ambcs.com

The Tour de Forest will be at Craighead Forest Park in Jonesboro, AR access # 6. The trail has a great mix of single track, hills and switchbacks to challenge all levels of riders.

This will be a Championship timed race! Results and times will be available immediately following the last finisher.

The Beginner class will race one lap for 10.6 miles, the Sport class will race a lap and a half for 16.6 miles, and the Expert class will race two complete laps for 21.2 miles. Beginner riders under 14 will race a challenging 6 mile loop that is part of the Sport course.

This event is an Arkansas Mountain Bike Championship Series race. Points will be awarded according to AMBCS rules.

Every competitor will receive a goody bag provided by our great sponsors as well and the limited addition t-shirt.

There will be plenty of refreshments provided by our sponsors after the race...

Awards – We will recognize the Overall Kings and Queens of the Forest in each category! Trophies and awards will go three places deep in each age group in the Single Speed, Clydesdale, Beginner, Sport and Expert Classes. And Prize money will be handed out to the Expert Class according to AMBCS rules.

Cost – Due to liability reasons, everyone must have a NORBA permit AND an AMBCS permit. You can purchase an annual permit (great idea if you do more than one race) or you can purchase one day permits for \$5.00 each. In addition to the permits needed to race, entry fee is as follows:

Experts - \$35.00

Sport - \$30.00

Beginner - \$25.00

Beginners under 18 - \$15.00



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Entry Form

Complete entire form and please print legibly. This form may be duplicated.

NORBA # _____ AMBCS # _____

Team Name: _____

Circle your race category:

Expert Sport Beginner Single Speed Clydesdale

Do you race outside your age division, if so list: _____

First Name: _____ Last Name: _____

Gender: _____ Date of Birth: _____ Age: _____

Address: _____

City, State, Zip: _____

EMAIL: _____ Phone: (_____) _____

Emergency contact: _____ Phone: (_____) _____

Circle your t-shirt size: S M L XL XXL

Make Checks payable to Ridge Rider Athletic Club and mail to:

RRAC - PO BOX 2432 - State University, AR 72467

Fees:

| Description | Fee | Payment |
|-----------------------|----------------|---------|
| NORBA one day permit | \$5.00 | \$ |
| AMTBCS one day permit | \$5.00 | \$ |
| Expert | \$35.00 | \$ |
| Sport | \$30.00 | \$ |
| Beginner | \$25.00 | \$ |
| Beginner Junior | \$15.00 | \$ |
| | Total Enclosed | \$ |

Release and Wavier of Liability:

I should not participate in this race unless I am medically able and properly trained. I agree to abide by any decision of a race official at any time. I assume all risk associated with MTB racing and / or volunteering in this event. Having read this wavier and knowing these facts, and inconsideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Gearhead, The Ridge Rider Athletic Club the City of Jonesboro, AR, Stearns Race Timing, LLC and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in the race even though liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all the foregoing to use any photographs, motions pictures, recordings or any other record of this event for any legitimate purpose.

Signature: _____ Date: _____

Parent's signature if under 18: _____